

SoulCollage®

First Impressions



Free Flow Reading

Moving from Arrghh to Aha!

First impressions, usually don't serve us on one level if we put others and our potential experience with them in a "box". Often within those first impressions lie some truths our intuition or souls are energetically queuing into. I dilute my intuition or my soul's voice when I filter these intuitive hits through my ego, emotions, stories or mind and stay there. I don't know what sparked the creation of this reading, I just did it this way one day. In retrospect, I think I created this reading to connect with my souls first impressions and let each of those "hits" stand on their own to see what they have to say before all my filters kick in. Perhaps in this way I am 'exercising' this valuable ability and learning to trust and use it more in my daily life. Try it and enjoy.

To prepare for this reading you can think of a specific question and pull the cards or you can simply ask 'what is up for me right now?'. I often do this reading when I am foggy about what is mulling around in my head and I desire clarity that comes from my purpose and soul. This is a reading you conduct by yourself and then share the results with others, or not.

1. Have a pencil and paper ready to scribe.
2. Think of your question and pull 10-15 cards from your overturned deck, keep them in order and don't look at them. You can do with more or less, but try with this amount first. You can do this with other peoples decks if you do not have enough cards.
3. Turn each card over and write down the FIRST word or short phrase that comes to you. Don't question it, jot it down, don't spend a lot of time with the card or you will start "thinking". First impressions usually come quick if you are open to hearing them. The word or short phrase may or may not have anything to do with what the original meaning of the card is. Repeat with all 10- 15 cards.
4. You now have 10-15 words or short phrases in front of you. Take these and create a short poem, paragraph or string of meaningful words. Add as few joining and additional words as possible to connect the words. Connecting words would not carry more energy than words from the cards in general. You don't have to keep the words in the same order. Stay in that creative space collaging the words just as you would images. Don't analyze the words, sentence structure, grammar and such. Free flow.
5. Once you feel complete, read the flow of words out loud to yourself a few times.
6. Lay out your 10-15 cards in sequence and connect with them, read your flow of words and connect with the message.
7. Thank your cards and soul's message.
8. To share this with others, have your 10-15 cards out, share the word or short phrase for each card and then the word flow. Ask for feedback if desired.

Below is a recent example. I was feeling very heavy with the weight of the world and trying to find some clarity to vibrate above reality while still accepting it as is. I tried this reading, here is the result. For each card I picked, I share the first word or short phrase that came to me.

Card 1 – Sing my song

Card 2 – Joy

Card 3 – Know it all

Card 4 – Go into my cave

Card 5 – Vibrate above

Card 6 – Stay open and connect to divine

Card 7 – Walk in love

Card 8 – Grace and essence

Card 9 – Pain and suffering

Card 10 – Look for the beauty and gold

My collaged free form message that came to me was this:

I am in pain. I suffer.

I want to sing my song.

I want to be joy, bring joy.

I don't know it all or even need to,

it is not my role to save the world, I don't need knowledge

What I need to do is go into my cave

not to numb myself, but to do my inner work

connect with the Devine

open my heart

walk in love with myself

find my essence again

experience my grace

So when I exit I can vibrate above literal events and circumstances

And find the beauty and gold in the pain that is transforming our world.

Enjoy!